# BREAKFAST MENU LIGHT START MAINS

#### **SALMON LOX** 22

House Cured Lox, Tomato, Crispy Bagel, Everything Salt

#### **AVOCADO TOAST** 19

Sourdough, Sunny-Side Egg, Tomato, Nuts and Seeds

Add Salmon Lox 9

#### **OLYMPIC BREAKFAST** 25

Scrambled Eggs, Herbed Breakfast Potatoes, Choice of Meat (Bacon, Pork or Chicken Apple Sausage), Choice of Toast (Wheat, Sourdough, English Muffin)

Subsitute Bistro Steak 13

#### **VEGAN TARTINE** 19

Turmeric Scrambled Tofu, Cherry Tomatoes, Roasted Mushrooms, Multigrain Bread

#### PANCAKES 18

Seasonal Fruit, Maple Syrup

# **BUILD YOUR OWN** EGGS BENEDICT ENGLISH MUFFIN, POACHED EGGS\*, HOLLANDAISE, BREAKFAST POTATOES, MIXED GREENS, AND CHOICE OF: **JAMBON** 22 **PNW SALMON LOX 26 SPRING ASPARAGUS- PEA VINES** 22 **DUNGENESS CRAB** 36

#### YOGURT AND BERRIES 13

Yogurt, Macerated Berries, Granola, Honey, Mint

# **PEANUT BUTTER MOCHA** PROTEIN SMOOTHIE BOWL 16

Banana, Yogurt, Crushed Cocoa Nibs, Chocolate, Pecans, Chia Seeds, Sea Salt

# STEEL GUT OATMEAL 13

Seasonal Berries, Toasted Coconut, Flax Seeds

### **HOUSE MADE PASTRIES** 6/EA

Daily Selection

# SIDFS

#### SIDE OF EGGS 6

Choice of Style

#### **BREAKFAST MEAT** 7

Applewood Smoked Bacon, Pork Sausage, or Chicken Apple Sausage

#### TOAST 5

Wheat, Sourdough, English Muffin, or Gluten Free

# BAGEL 7

Plain or Everything, Cream Cheese

## **HERBED BREAKFAST POTATOES** 6

FRUIT PLATE 11

**BOWL OF BERRIES** 13

# **DRINKS**

## HOUSEMADE GREEN JUICE 12

Kale, Apple, Grape, Cucumber, Ginger

# JUICE 6

Orange, Grapefruit, Cranberry, Pineapple, Tomato

#### **DRIP COFFEE** 5

HC Valentine

#### LOT35 HOT TEA 6

Earl Grey, English Breakfast, Sencha, Mint

#### **ESPRESSO** 6

LATTE, CAPPUCINO, MOCHA 7